

AMY SCHIELD

MBA, CERTIFIED LIFE & MINDSET COACH



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About Amy

Amy is a great addition to a mainstage speaker lineup or a breakout session program. She infuses each presentation with entertaining and inspiring stories + useful tips and strategies. She makes her neuroscience-based approach to personal and professional growth and development accessible and understandable to a variety of audiences, so everyone walks away with inspiration *and* actionable information.

SPEAKING TOPICS



Holistic goal-setting and action mindset cultivation



Growth mindset in challenging environments or markets



Building and growing self-confidence from the inside out



Work/life balance for small business owners and busy professionals

TESTIMONIALS



“Amy provided great info that I will use personally to grow professionally.”



“Amy gave a very good presentation. She could have presented all day!”



“Amy provided great information. She was very helpful. Her presentation answered a lot of questions for me.”

FEATURED ON / IN THE PRESS

INTROVERT, DEAR



tiny buddha
simple wisdom for complex lives.

Hive